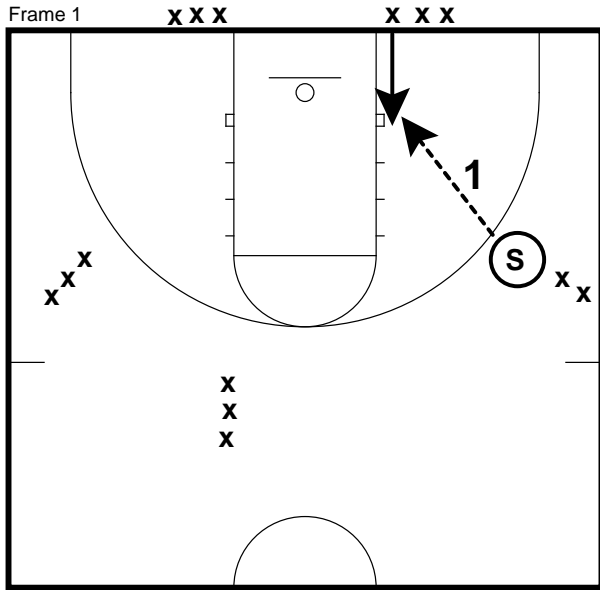


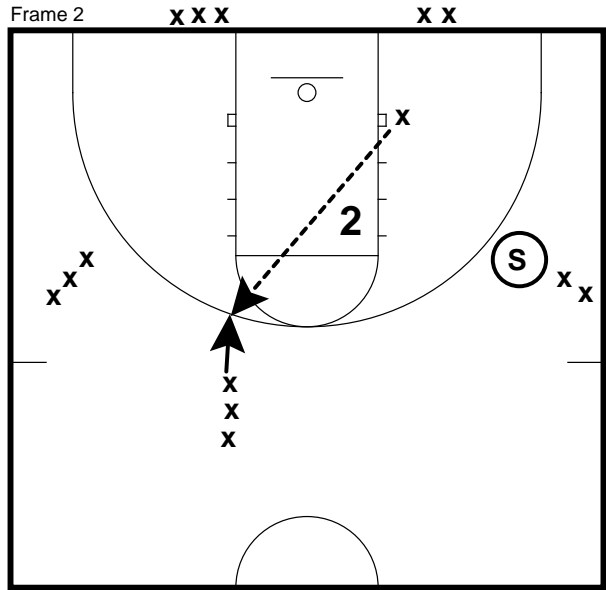
FSU Practice Drills

Hummer



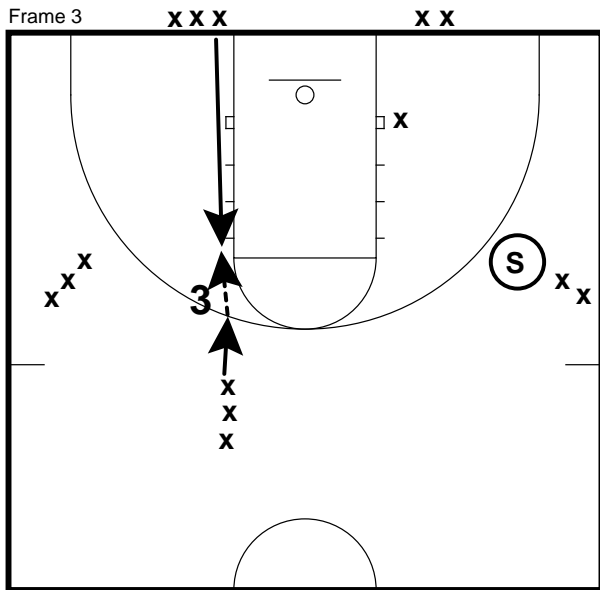
S=ball starts here. Pass #1: wing to post.
 Keys: 1) Make the ball "hum"; 2) Feet to the ball; 3) Communicate.

Hummer



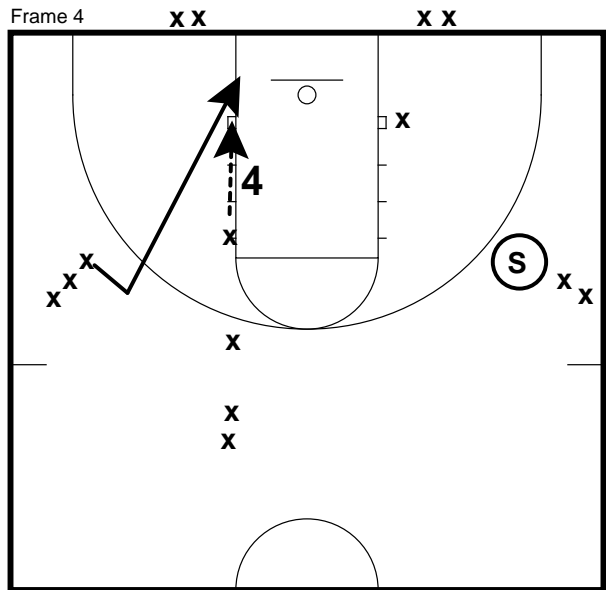
Pass #2: post to opposite slot.

Hummer



Pass #3: bounce pass from slot to elbow.

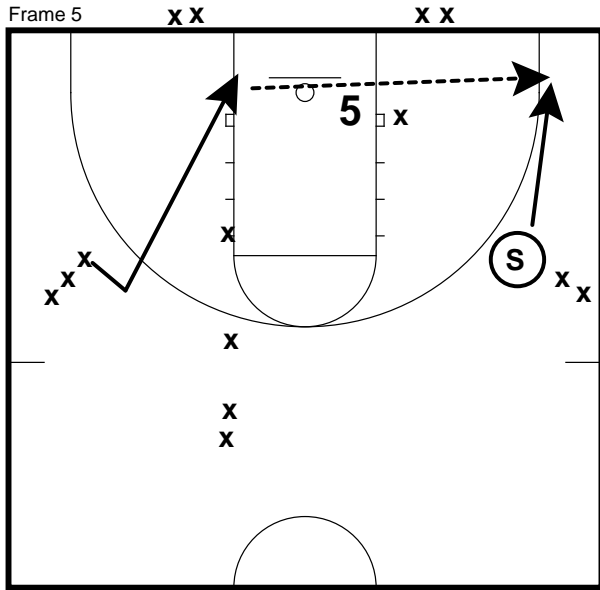
Hummer



Pass #4: back door pass from elbow to block.

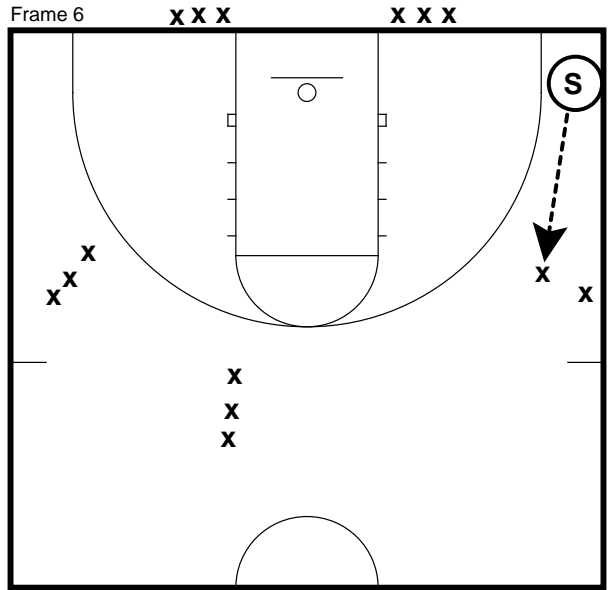
FSU Practice Drills

Hummer



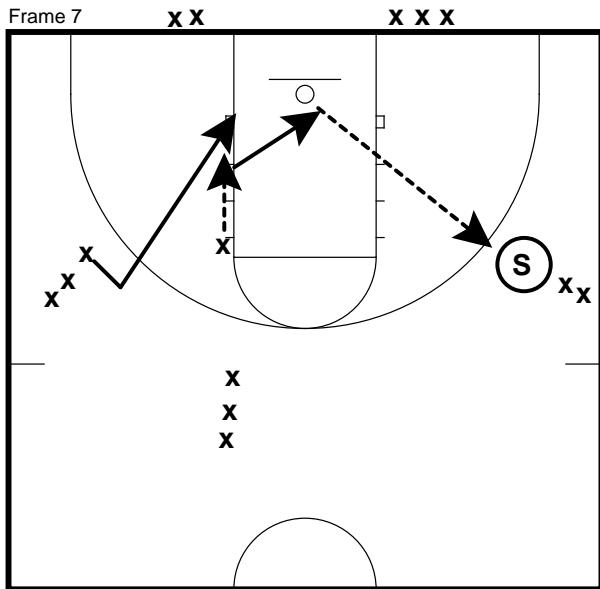
Pass #5: Baseline to opposite corner. We call this a "flood" pass.

Hummer



Pass #6: Corner to wing. Then drill starts over.

Hummer



Pass #5 Variation: Back door cutter shoots the lay-up. Passer gets rebound and kicks the ball to starting line.